March 2024 Women's History Month &

Social Work Appreciation Month

Let's celebrate and honor this special month together by learning about the hero's of Social Work and how women have empowered, inspired, and shaped the future Social Work.





Jane Addams

The Founder of Social Work

The creator of the first settlement house "Hull House" advocate for women, child laborers, the poor, the uneducated, immigrants, and other under-served populations.

Ida B. Wells



Ida B. Wells was a advocate for newly freed African Americans throughout the south who, despite emancipation, continued to face many great injustices on personal and institutional levels. Ida was instrumental in creating the National Association of Colored Women, the NAACP, and the Alpha Suffrage Club.

Dorthy Height



The Godmother of the Civil Rights Movement She focused on the issues of African-American women, including unemployment, illiteracy, and voter awareness.

Harriet Rinaldo



Harriet was influential in supporting Veterans medical needs after World War II. She is also well known for establish a variety of job standards and policies which later became the basis for civil service procedures.

Grace Coyle

Grace developed a scientific approach to group work practice that is still used today. She also was a huge advocate for expansion of government services to underserved populations. She was influential in shaping modern social work.

Pushpa Basnet



In Nepal, when parents are put in prison, if there is no one to take care of their child, they will either join their parent in prison or live on the streets. Pusha created the Butterfly Home, which gives a home to these innoccent children behind bars. Since 2005 she has assisted in getting over 100 children out of jail and providing them with food, shelter, and education at the Butterfly Home.

Frances Feldman



Frances Feldman's research in the 1970s helped shed attention on workplace discrimination, specifically against cancer patients. Her research revealed evidence that employers often placed harsh and sometimes illegal conditions on cancer survivors in their organization. As a result of Feldman's study, several states throughout the US made changes to the fair employment legislations. She continued to advocate against workplace discrimination and she also developed the first faculty counseling center, which now serves as the blueprint for employee assistance programs.



As we celebrate Social Work Appreciation Month and Women's History Month let's continue to honor the contributions of social workers and take a moment to recognize the invaluable role that women social workers play in our communities. Women, in general, have been at the forefront of social change, advocating for justice, equality, and the well-being of all. Their compassion, resilience, and dedication inspire us all to strive for a better, more equitable world. Let us continue to appreciate and support women social workers and women everywhere for their efforts and their contributions to our society.

"There is no force more powerful than a woman determined to rise"

- Unknown